Are Brean og Geir Olve Skeie

MUSIKK og HJERNEN



Om musikkens magiske kraft og fantastiske virkning på hiernen

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Are Brean, Geir Olve Skeie

Music and The Brain



About the magical power of music and its fantastic effect on the brain

Musicality is a unique human trait that helps us express feelings without words. Music has the outstanding ability to change our brains and train it to a high level.

This book explains what the brain does with music and what music does to the brain, and how music's brain-changing properties can be used in a health context. The power of music affects and changes us all.

Musically about the brain

"A fascinating tale of the power music has for us humans. Music and the brain an engaging dissemination of the extremely advanced processes in the brain. The book is full of interesting facts and reflections on our relations to music. It is balanced and knowledgeable."

- Aftenposten

Are Brean, Geir Olve Skeie

Are Brean is editor-in-chief of the Journal of the Norwegian Medical Association and associate professor at the Norwegian Academy of Music. He has a PhD in neurology and has worked as a consultant at Oslo University Hospital, Rikshospitalet and Vestfold Hospital Trust.



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