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## Lisbeth Pettersen

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Lisbeth Pettersen has a professional background as freelance journalist for the Norwegian media outlets Dagbladet, NRK, KK, and Tara. For many years she has written her own column about mindfulness for Norway's largest woman's magazine, Tara. Lisbeth has cultivated a mindfulness practice for more than 25 years and in 2013 her book "Live More with Mindfulness" (*Lev mer med mindfulness*) was published. She also has professional experience as an entrepreneur and as a general manager in the travel industry. *Selective Amnesia* (*La meg ikke huske*) is her debut novel.



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