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Trine-Lise Rygh

You Are My Story



You Are My Story is a nuanced novel about a couple's marital challenges. The female protagonist of this novel is in a relationship that has gradually come apart at the seams. Her husband is depressed; he has always been so, living a bit to one side of everyone else. He leaves, disappearing down the road leading away from the house where they had hoped to find happiness. Sometimes he seeks out other partners.

You Are My Story describes a year in their marriage and gives us glimpses of the couple's common history through condensed flashbacks. The perceptive, beautiful, and painful story is evoked through a strong and pronounced literary voice.

'Sensational (...) a self-assured and stylistically cogent novel in the genre of soft realism, written in a suitably down-to-earth literary voice.'

- Dagbladet, 6 out of 6 stars

'Painful, beautiful, and well-written about shouldering a heavy burden of care for another'

- Stavanger Aftenblad, 5 out of 6 stars

Every now and then words fall short when seeking to describe a literary masterpiece.'

- bokblogger.com, 6 out of 6 stars

Trine-Lise Rygh

Trine-Lise Rygh (b. 1974) has a bachelor's degree in Dissemination of Literature from the University of Oslo and has written articles for [Harvestmagazine.no](#) and other publications. She was awarded the Norwegian National Association for Language Consolidation's (Landslaget for språklig samling) literary prize for her debut novel *Hundedager* (*Dog Days*, 2020).



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