

## Travel Books

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A selection of our travel books

**Goran Zlović**

*Myriad*

**Gunnar Garfors**

*Beyond the Beaten Path: Eastern Norway*

**Trygve Sunde Kolderup**

*Travel better*

**Gunnar Garfors**

*Beyond the Beaten Path: Western Norway*

**Gunnar Garfors**

*Elsewhere*

**Mikkel Soya Bølstad**

*Out*

**Gunnar Garfors**

*Beyond the Beaten Path*

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**BOOKS FROM  
NORWAY**

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Goran Zlović

## Myriad

### *A journey through the former Yugoslavia*

Skald 2025  
224 pages  
Original title: *Myriade*  
*En reise i det tidligere Jugoslavia*  
ISBN: 9788279593928

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Skald forlag  
P.O. Box 61  
NO-6861 Leikanger  
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www.skald.no

Goran Zlović was born in a country that no longer exists. Yugoslavia has dissolved, and new nations have risen from the ashes of the Balkan Peninsula. As an adult, he returns to explore one of the most underexposed parts of Europe.

Myriad is a literary travelogue that takes us through the landscapes and history of Bosnia and Herzegovina, Kosovo, Croatia, Montenegro, North Macedonia, Serbia and Slovenia. Zlović takes us through demonstrations in Skopje, to a visit to an unusual zoo on Brijuni and to the diving club in Mostar – and everywhere traces of Yugoslavia's former leader, Josip Broz Tito, keep appearing.

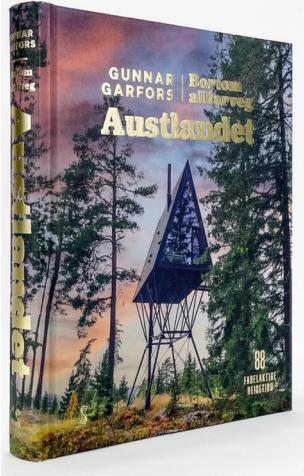
The author is fluent in most of the languages in the area, which allows him to get close to the people and culture. Through friendly encounters and with a critical eye, he opens up the region for Norwegian readers and depicts the invisible threads that still bind the diverse Balkans together.

#### Goran Zlović

Goran Zlović (b. 1988) is a graduate in economics and speaks most of the languages of the countries that formerly constituted Yugoslavia. The author was born in the town of Vareš just before the dissolution of Yugoslavia, grew up in Ringerike, and now lives in Oslo.



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Skald forlag 2023

272 pages

Original title: *Bortom allfarveg Austlandet*

88 fabelaktige reisetips

ISBN: 9788279593553

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#### OTHER TITLES

Between the Lines. Life and Death Along the Equator and the Polar Circles  
Beyond the Beaten Path. 81 travel tips for a spectacular Norwegian holiday  
Beyond the Beaten Path: Western Norway. 99 travel tips for a brilliant vacation  
Elsewhere. The world's least visited countries

## Gunnar Garfors

# *Beyond the Beaten Path: Eastern Norway* 88 fabulous travel tips

Join travel expert Gunnar Garfors on a trip and be inspired! This time the trip goes to Eastern Norway, an "underdog" when it comes to Norwegian holidays. Many have made the pilgrimage to the fjords and mountains of Western Norway and the fantastic nature of Northern Norway, while the more eastern destinations have been left as hidden gems on a string. The travel destinations are suitable for day trips, weekend trips or week-long holidays.

The book challenges the image we have of Eastern Norway as a holiday destination, and tempts us to travel to places most of us would never find on our own. Eastern Norway is so much more than the capital and Hemsedal, and Garfors shows the way to world-class restaurants, spectacular nature and cultural experiences and accommodation like no other - guaranteed to be free from queues and crowds.

*Beyond the Beaten Path: Eastern Norway* is the third in a series of books that aims to inspire travel both domestically and internationally.

*"I'm so proud, and I'm so happy that Gunnar has written this book. We travel to Italy, read up to find the good places, and then we have it here in Norway."*

- Wenche Andersen, TV2 God morgen Norge

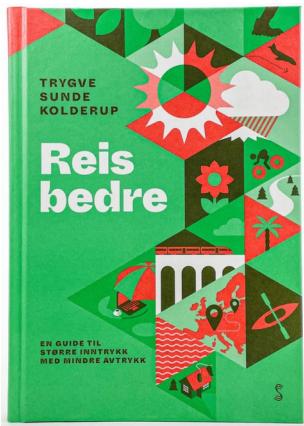
*"The book is packed with pictures and vivid storytelling, as we know Gunnar Garfors is good at. If you're looking for a short vacation, perhaps this is a book you should browse through before you decide."*

- Sigmund Krøvel-Velle, Hallingdølen

## Gunnar Garfors

Gunnar Garfors (born 29 May 1975) is a Norwegian media professional, traveller, and author. He has worked with broadcasting and new media developments since 2001. Garfors has visited every country in the world and is the youngest hobby traveller to have done so. He is also the first to visit every country twice.

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Skald forlag 2024

192 pages

Original title: *Reis bedre*

En guide til større inntrykk med mindre avtrykk

ISBN: 9788279593607

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Trygve Sunde Kolderup

## *Travel better*

### *A guide to making a bigger impact with a smaller footprint*

Traveling can give us strong impressions and wonderful experiences, but for many, the climate footprint and the negative consequences of our travels can also give us a hint of a guilty conscience.

As individuals, flying far and often is one of the worst things we do for the climate. In a time when glaciers are melting, sea levels are rising and extreme weather is becoming increasingly wild, we cannot continue to travel in the way we do today.

Insightfully and with great commitment, Trygve Sunde Kolderup explains how we can travel more gently and climate-friendly. Through inspiring examples, he shows what we should think about when planning our next trips – whether for work or vacation.

We should not stop traveling, but we must change the way we travel. Because if we travel better, it is possible to have great experiences with a smaller footprint.

*"The book is a superb guide to what we can actually do, and not least how we should travel – with good concrete examples of why tourism is essential for both culture and nature in many places around the world."*

- Runar Larsen, Reisemagasinet Vagabond

*"An inspirational book with lots of good tips on how we can have even better trips and travel experiences if we just travel a little smarter. Young readers will love the book, older readers will learn a lot."*

- [TheTravelInspector.no](http://TheTravelInspector.no)

*"Through storytelling and interview subjects, Kolderup highlights good examples for imitation and inspiration."*

- Mette S. Fjeldheim, [reiselykke.com](http://reiselykke.com)

*"When I first read about the project, I thought, is it possible to write something other than obvious things about that topic? And now? I don't have many books with so many underlines and exclamation points in the margins."*

- Stein P. Aasheim

*"The book 'Travel Better' may not offer a simple solution to how to travel more environmentally friendly on vacation. But it does provide*

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*important insight into the massive greenwashing that the tourism industry is responsible for."*

- Marie Misund Bringslid, Bergens tidende

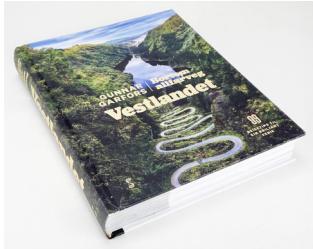
## Trygve Sunde Kolderup

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Trygve Sunde Kolderup (b. 1978) is a former section leader for nature and sustainability at the Norwegian Tourist Association (DNT), and has been editor of the outdoor magazine UTE, the ski magazine Fri Flyt and DNT's member magazine Fjell og Vidde.

He has also worked as a journalist, published several books and written columns about what the green shift can and should look like in travel and outdoor life.

Today he is involved in several green start-ups. As part of the goal of making tourism more climate-friendly, he has established Northern Nights AS, a company that is trying to establish a train connection between Oslo and Copenhagen/Hamburg so that it will be easier to travel fossil-free between Norway and the rest of Europe.



Gunnar Garfors

## *Beyond the Beaten Path: Western Norway 99 travel tips for a brilliant vacation*

Skald forlag 2022

320 pages

Original title: *Bortom allfarveg Vestlandet*

99 reisetips til ein brilljant ferie

ISBN: 9788279593393

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Elsewhere. The world's least visited countries

In the smash hit and bestseller from 2021, *Beyond the Beaten Path* renowned travel expert Gunnar Garfors took us on an adventurous journey of discovery throughout Norway. In this sequel, we travel to Western Norway in search of exciting and unknown experiences in a class of its own.

It is teeming with spectacular and untouched nature, beautiful architecture, unique accommodations and restaurants that serve world-class food and drink. But even Westerners have much to discover in their own part of the country, because much of what Norway's perhaps most travel-loving author invites us to is a well-kept secret for most people.

With *Beyond the Main Road, Western Norway*, it is possible to plan a complete Western Norway holiday, whether you want to travel alone, with family and friends or want to take your sweetheart on a romantic getaway. How about a deer-roaring safari, sleeping in hammocks and exclusive designer cabins combined with cider tasting by the Sognefjord on a warm summer evening?

In recent years, we have become increasingly interested in our own country, and there is much to suggest that the trend is permanent. Yes, we will travel abroad again, but perhaps more on long trips, while for shorter trips we will probably choose what is close by. By replacing weekend trips to London, Paris and New York with trips to Ulvik, Solvorn or Bremanger, we not only cut emissions – the experiences can certainly compete with what we are used to.

*"The travel tips are varied, humorous and informative, and provide insight both inside and behind the scenes. You not only get to know what time the chef opens the kitchen, but also why she opened it and what her plans are for the future."*

- Eivind Myklebust, Bokmagasinet

*"Garfors' latest book is tasteful in every way and gives good tips for trips and experiences. [...] It is entirely possible to plan both day trips, weekend trips and long holidays with these tips – and preferably the book – in your luggage."*

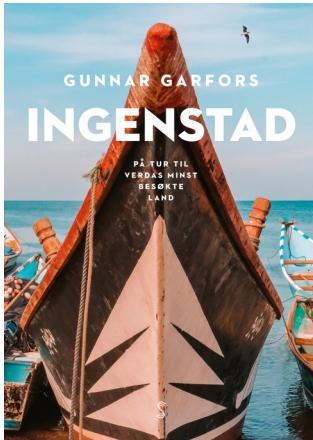
- Mette Bleken, Hardanger folkeblad

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## Gunnar Garfors

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Gunnar Garfors (born 29 May 1975) is a Norwegian media professional, traveller, and author. He has worked with broadcasting and new media developments since 2001. Garfors has visited every country in the world and is the youngest hobby traveller to have done so. He is also the first to visit every country twice.



Skald 2019  
416 pages  
Original title: *Ingenstad*  
*På tur til verdas minst besøkte land*  
ISBN: 9788279592907

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**Gunnar Garfors**

## *Elsewhere*

### *The world's least visited countries*

How is it to be a tourist in Yemen, Turkmenistan, Nauru or Mauritania? Globetrotter Gunnar Garfors has been to all the 198 countries of the world - twice. On his journeys he is driven by curiosity and has met people from many different cultures and societies. Garfors' mild and open disposition helps him to easily get in touch with locals wherever he is.

In *Elsewhere* he shares his experiences from the 20 countries people are least likely to travel to, according to his own research around the world. The author skilfully blends his experiences in an easy and entertaining read. You will get close and personal with people, including a very open and cheerful prime minister, the world's best chocolate maker and a mango farmer from Yemen.

At a time characterized by conflict and war, Garfors wants to inspire us to get to know parts of the world that differ from ours, places that many are reluctant to travel to. A wider understanding of other cultures, faiths and worldviews may change how you perceive the world. Perhaps the globe we live on could become a better and more beautiful place if more of us challenged our comfort zones.

*Elsewhere* takes you to some of the most fascinating places on earth. Enjoy from the safety of your chair or find inspiration to travel elsewhere yourself.

**Foreign sales (licensed):** *Great Britain, Hungary*

*Ingenstad is both funny, informative and thought-provoking. Most of all, it is a refreshing contrast to the world press's seemingly eternal pursuit of tragedy. It is first-class travel literature that will hopefully make you look at the world through a new filter.*

- Runar Larsen, Magasinet Reiselyst

*There is a lot of fascinating material here. This must be a man with more than the normal amount of courage.*

- Paul Odland, Dagen

*This book can help give the reader a broader understanding of other cultures, faiths and worldviews and do something about how one sees the world.*

- Liv Astrid Skåre Langnes, framtida.no

*We should be grateful that Garfors shares the world with us readers. We gain insight that makes us both happy and sad - but also hopeful.*

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*Garfors is a bridge builder who takes us on the journey. I look forward to delving a little deeper into Ingenstad.*

- Mette Bleken, Hardanger Folkeblad

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Skald 2020  
232 pages  
Original title: *Ut*  
*Kunsten å leve et enkelt og eventyrlig liv uten å ta knekken på kloden*  
ISBN: 9788279593201

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Mikkel Soya Bølstad

*Out*

# *The Art of Living a Simple and Adventurous Life Without Harming the Planet*

In *Out*, we meet a family of four who decide to cross Norway four times – by bike, by water, on foot and on skis. They pack the bare necessities, fill their backpacks with food, cut the umbilical cord to everyday life and live like vagabonds. Not forever, but long enough for the inherent logic of travel to become normal for a while. Long enough for questions about ourselves and the society we live in to arise. Is it our own biology that makes it so difficult to live sustainably? And is it precisely our biological heritage that saves us from the environmental crisis?

In the book, outdoor life, biology, psychology and philosophy merge into an inspiring declaration of love for the simple life. A separate fact section gives you useful tips on the art of going on a long trip and living a simple and adventurous life – without breaking the planet.

*Mikkel Soya Bølstad writes easily and engagingly, and with great knowledge.*

- Sigmund Krøvel-Velle, Hallingdølen

*The world needs this book!*

- Miriam Lillian, norwegian bookstagrammer

*A book that is thought-provoking, inspiring and an example.*

- Sigmund Krøvel-Velle, Hallingdølen

Mikkel Soya Bølstad

Mikkel Soya Bølstad (b. 1973) is a qualified associate professor in biology and works as an author, freelance journalist and lecturer with nature, environment and outdoor life as his field of work. He has written four books, freelances regularly for A-magasinet and other publications and has his own column on the topic of touring cycling in the magazine *Terrengsykkel*.

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Skald 2021  
320 pages  
Original title: *Bortom allfarveg*  
*81 reisetips til ein spektakulær noregsferie*  
ISBN: 9788279593300

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Gunnar Garfors

## *Beyond the Beaten Path*

### *81 travel tips for a spectacular Norwegian holiday*

Serial globetrotter Gunnar Garfors took advantage of the pandemic to travel around his own country on a quest to discover hidden gems. His goal was to inspire his readers to travel differently; Instead of seeking the same crowded sights as everyone else, he has travelled «everywhere» in Norway to uncover little known islands, mountains, villages, eateries and public houses.

By speaking extensively to locals, he has collected interesting and often funny tales about the 268 destinations across three books. The first book of the trilogy became an instant hit and topped the Norwegian bestseller list for months. Both sequels also did very well, riding high on the same top list for weeks. The first book covers the entire country whereas the last two focus on the West Coast and the Eastern Country, respectively. All books come with hundreds of stunning photos from the stunningly beautiful country that has no shortage of natural wonders, incredible boutique hotels or world class restaurants.

The books can be published separately as they are, or combined as a «best of»-edition.

*If you are not inspired to travel in Norway after reading this book, then I'm afraid you have run your course. Recommended.*

- Odd Roar Lange, The Travel Inspector

*Garfors is down-to-earth and unassuming, in contrast to the influencer movement that offers mostly itself [...] He has really put in the work, and he offers fresh produce.*

- Arne Dvergsdal, Dagbladet

*It is the wonderful stories from each place that make this a book worth reading. Garfors listens to his host and brings out exciting anecdotes and festive curiosities.*

- Runar Larsen, Magasinet Reiselyst

*With this masterpiece of a book, with beautiful pictures and intimate stories from local people, you are guaranteed to be inspired... and you will definitely dream away.*

- Heidi Risbråthe, Din fritid

*It is a pleasure to browse and read Gunnar Garfor's latest book [...] so many details, so many good pictures, and so much insight into the*

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*places visited, that it is a delight for both the reading eye and the visual eye. [...] Set off and take "Bortom allfarveg" with you in your backpack.*

- Jørn-Kr. Jørgensen, Bokstaver.no

## Gunnar Garfors

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